

MEDIA KIT



Camilla Calberg

Divorce and Family Support Coach.

**MY
BIO****Camilla Calberg**
Divorce and Family Support
Coach

Camilla Calberg is an experienced Divorce and Family Support Coach. She has also worked as an experienced Corporate Consultant having worked for BP, Shell, and IBM; leading large scale transformation projects, helping these companies to build the market platform and their employees to embrace new working processes.

Since 2016, Camilla has been an independent advisor to the pharmaceutical industry through Calberg Consulting, taking on communication and interim leadership positions and advising on leadership best practices. In all these roles she has delivered and achieved major change.

Having discovered that divorce is the second highest stressor a human being can experience, Camilla then devoted her life to being a full time Coach. From 2020 she has been helping female professionals navigate the turmoil that is associated with divorce, that can threaten and disrupt their professional existence. Teaching her clients, what she herself has enforced successfully.



She is a Certified Professional Coach, having completed the acclaimed and internationally recognised iPEC certified coaching course.



"Camilla helped me prioritise where to focus first, and together we created an actionable plan. With her help, I was able to break free, find my own flat and set a new mindset where negative comments roll off my back instead of affecting my mental health the way they once had.

The techniques I've learnt are amazing and have truly changed my life forever. Thank you Camilla!"

- **Anonymous**

Her professional and personal lives are now blossoming in tandem and she continues to help other women globally to achieve groundbreaking results so that they too can live their best life ever.

Top 10 Reasons to Book Camilla



**you are
worthy of the
BEST LOVE
in the world!**

- I am from a loving, caring, and successful family, I am well educated yet I enabled abuse, because I wanted a family so much. I was able to break free and now I can show you how.
- I understand how utterly important it is to work with the right people to heal and grow.
- I know when you have the right tools, you can do anything.
- I know the effect a toxic family environment has on kids.
- I can tell how a toxic family environment affects animals.
- I was able to continue as an effective Executive whilst experiencing all the trauma.
- I even started my Coaching practice during my ordeal.
- I experienced the emotional, financial, mental, social, psychological, physical, and spiritual consequences of being in an abusive relationship. Look at me now!
- I am a single mom; I am healed and have helped my daughter heal because I have found the ground-breaking process of how to heal.
- I am a product of effective Coaching.



Camilla Invites

Interviews

Key Note Speaking Engagements

Masterclasses

Camilla is an experienced Divorce Coach and Mentor, so she is comfortable going completely off script and taking the interview wherever you would like.

Potential Questions are included

Get to Know Camilla

Here are some background questions to get the conversation going.



- 1** You built your coaching practice as you planned how to escape from your abusive partner. How did you do this and how can others do this as well?
- 2** You formerly served as a Management Consultant in major international corporations and Executive Advisor in your own advisory company. What did these roles teach you about the missing piece in personal development coaching today?
- 3** You say there is a big challenge for women in abusive relationships. They don't like the life they live yet are stuck in how to change or even escape their abusive partner. What is that and why does it happen?
- 4** Tell us about what an energy grid is and why it matters to living the most abundant life.

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THEME ONE:

WHAT IS ZERO-STRESS DIVORCE PROCESS ABOUT?



One Can Feel Powerless

I guide all professionals through this turmoil

POTENTIAL QUESTIONS

- 1 Is Zero-Stress Divorce really possible?
- 2 After staying stuck in an abusive relationship for 10 years, you planned your divorce in detail while completing your coaching course, started your coaching practice, conducted leadership research, served your corporate clients, and set up the right support system for your daughter. How the heck did you do it, and is this result possible for everyone?
- 3 What does your energy grid have to do with your success in all aspects of life?
- 4 How do we overcome limiting beliefs and opinions from other people that prevent us from living the most amazing and abundant life?

THEME TWO:

HOW TO RECLAIM YOUR POWER AND REDEFINE WHAT'S POSSIBLE



It's Impossible To
Do This Alone

Team up with the right people

POTENTIAL QUESTIONS

- 1 What is the psychological factor that can break down a woman who's divorcing her abusive partner?
- 2 How can women learn to strengthen their mindset and become detached from what's coming their way; like custody cases, financial disputes, etc.?
- 3 You teach women to become stress-free and become the creator of their future. How can we do that?
- 4 Can you explain what energy is about and why it's important to master?

THEME THREE:

HOW TO CREATE YOUR MOST AMAZING LIFE POST DIVORCE



Create your Future

Lean into the unknown

POTENTIAL QUESTIONS

- 1** What is the real key to breaking through a divorce and creating your best life ever?
- 2** You advocate for being the creator of your life and not falling victim to your life. What do you mean? And what is the secret?
- 3** You always encourage your clients to become stress-free, know their energetic makeup and life values before creating the future. What is that about?
- 4** What do you think is the single greatest secret to thriving after divorce?

TESTIMONIALS



"In the beginning, it was really hard to find the time to call as he was always around asking what I was doing and demanding I put the loudspeaker on. But I am so glad I made the time to speak to you! I used to feel trapped by my abusive partner, he was constantly ruining my life – and even changing the locks to our house!! The whole relationship was traumatic, but now I know I will be okay. Camilla, you have changed my life in ways words cannot explain, thank you.

- Anonymous



"When I needed a shoulder to cry on, and someone to hold me, Camilla was there. People forget that when you have a toxic partner, they sever all of your ties with friends. Having Camilla be there for me, and support me on my journey to freedom was so important, and I don't think I could have done it without her. There was no judgement, and for the first time in a long time I felt I could be honest, in the process realising I really could leave. Now I've left him my kids and I are happier than ever!"



"Camilla helped me prioritise where to focus first, and together we created an actionable plan. With her help, I was able to break free, find my own flat and set a new mindset where negative comments roll off my back instead of affecting my mental health the way they once had. The techniques I've learnt are amazing and have truly changed my life forever. Thank you Camilla!"

- Anonymous

HOW TO REACH ME



Camilla Calberg

Divorce and Family Support
Coach

To book Camilla to speak on your podcast, or as a speaker for your next event or team Masterclass, please contact:

info@calbergcoaching.com

www.calbergcoaching.com

Connect with her on Social:

LinkedIn: [linkedin.com/in/camillacalberg](https://www.linkedin.com/in/camillacalberg)

Instagram: [camillathedivorcecoach](https://www.instagram.com/camillathedivorcecoach)

Facebook: <https://www.facebook.com/calbergcoaching/>

TECH INFO



Camilla will do her best to be stationary for this interview in her home studio prepared with front lighting, live video, audio headset and high quality microphone, however, she does travel quite a bit and sometimes has to do interviews from the road or hotel room. Please let her know if you have any special requirements